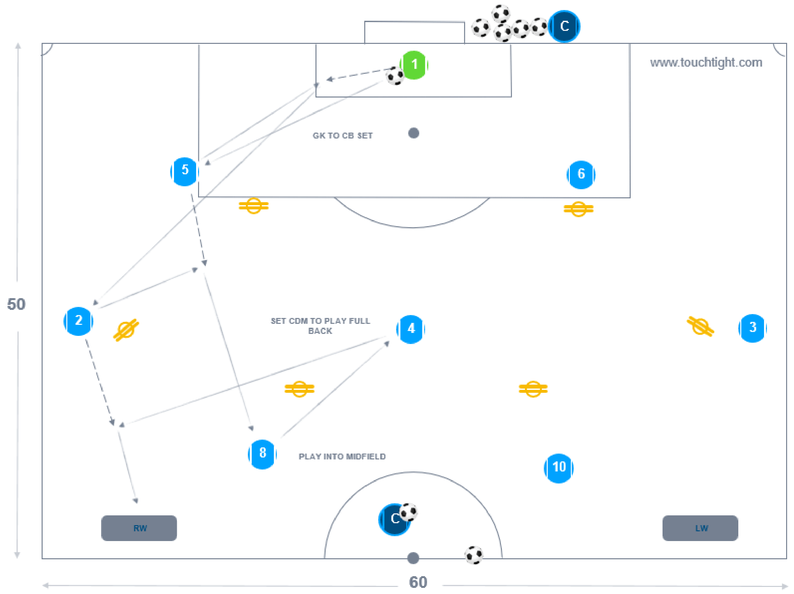
Club	Age Group	Coach	Session Title	Date	Start Time	Duration	No. of Players



Organisation	Key Coaching Points
Practice 7 of theme 28 is a technical pattern of play that develops our goalkeeper's ability to connect with the back 4 and midfield 3 in a 433. GK begins in possession and plays in to the centre back who sets the GK who then clips a ball into the FB who connects with the supporting Centre back to play through midfield. Coaches can be creative with this set up and apply constraints that limit and challenge the goalkeeper in the build out phase, testing their ability to connect short and long, left and right.	Weight and accuracy of pass Movement to receive at the angle to play out Observe player positions off the ball to assess options on receiving passes
Progressions	**Player Questions**

Area Size	Duration	Sets	Work to Rest Ratio	Intensity	Energy

EVALUATION

Player(s)	Objective	Tech / Tact / Soc / Phy / Psych	Evaluation

Coach (Self)

Session Organisation

Players (Motivation / Engagement / Learning)

Action Points

© Touchtight Coaching

touchtight.com