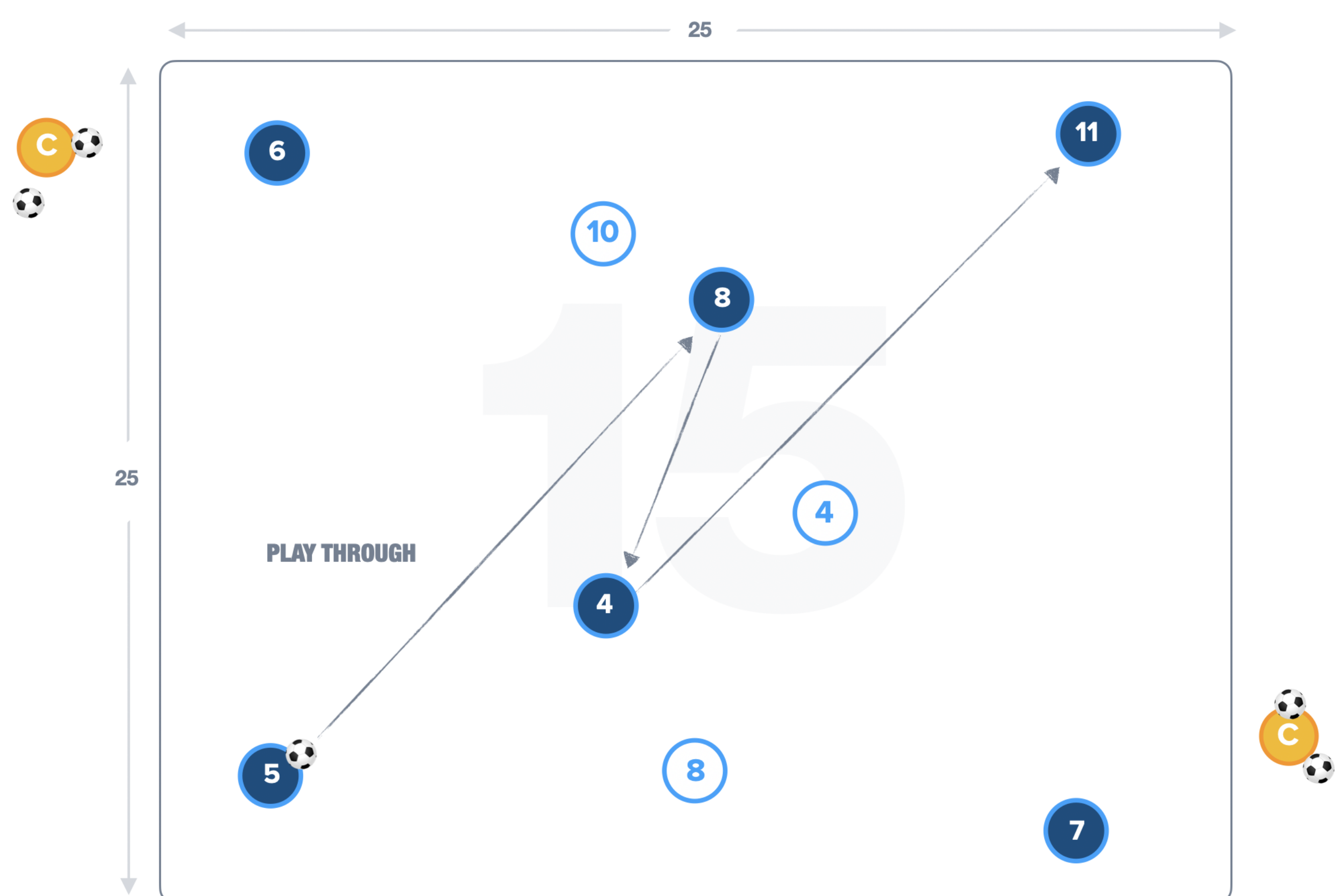


Club	Age Group	Coach	Session Title	Date	Start Time	Duration	No. of Players



Organisation	Key Coaching Points				
<p>Practice 2 of Theme 15 Creating Space is a 6 v 3 practice and focuses on specific detail around movement to create space for themselves and teammates in a 25 by 25 yard area.</p> <p>We first of all look at how the 6 in possession can play through the defending 3 before looking to play around after manipulating defenders positions.</p> <p>Can they draw players into spaces to exploit, can they move the ball quickly under pressure.</p>	<p>Movement to create space for teammates</p> <p>Draw pressure to play around</p> <p>Use whole pitch to ensure all space is used</p> <p>Pivot player(s) to connect in centra areas to play through</p> <p>First touch and effective pass is a given</p>				
Progressions	Player Questions				
Area Size	Duration	Sets	Work to Rest Ratio	Intensity	Energy

EVALUATION

Player(s)	Objective	Tech / Tact / Soc / Phy / Psych	Evaluation

Coach (Self)
Session Organisation
Players (Motivation / Engagement / Learning)
Action Points