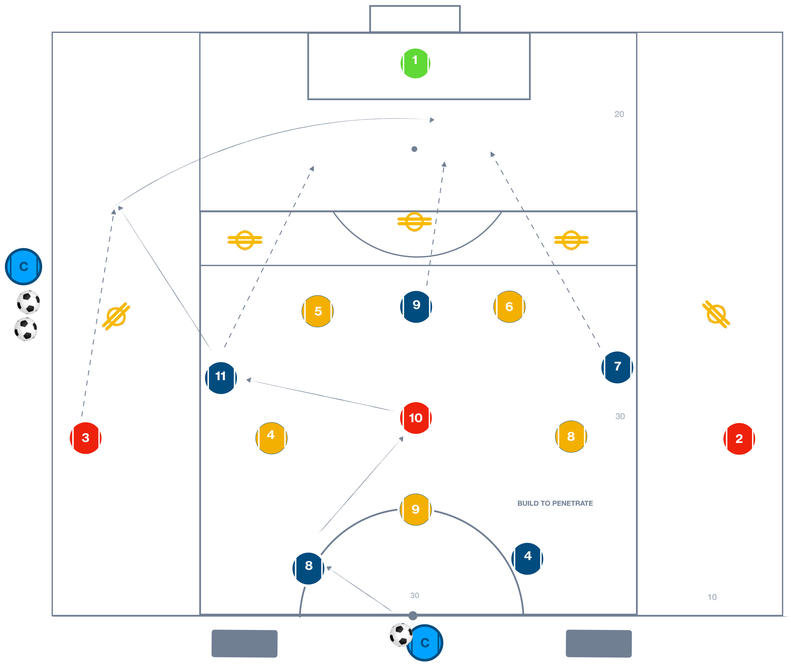
Club	Age Group	Coach	Session Title	Date	Start Time	Duration	No. of Players



Organisation	Key Coaching Points
This final third combination practice is a function and is number 9 in the series. 2 Teams of 5 are set up in a 23 formation with a floating player (10) in a 30 x 30 yard area. The objective is to be able to play through the 10 in order to penetrate the defensive line with a final pass to finish. We have 2 floating wide players (advanced full backs) who are also available to build and find angles to connect through the trigger point 10 and can also be released to deliver in wide zones on 2 touches. Focus on implementing your philosophy in this function and link to exactly how you want to play the game as a team	1. Movement to create angles to play on the half turn 2. Increase speed of pass to penetrate 3. Recognise when to play quickly on one and two touches 4. Understand when to make runs in behind off teammates movement 5. Be positive in play.. always looking forward
Progressions	**Player Questions**
1. Focus on 10 penetrating the mannequins to play driven ball into forward running wing backs 2.Central midfield pulling out into full back zone to draw midfield out 3.This can trigger our final progression with full backs playing inside to join attack centrally	1. How does this link specifically to your style of play? 2. What are your key relationships with specific players in this game that you can take into matches? 3. For the 10: What is your main focus as a player here and why? Drive? Penetrate Central? How does the defence dictate your solution?

Area Size	Duration	Sets	Work to Rest Ratio	Intensity	Energy

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EVALUATION

Player(s)	Objective	Tech / Tact / Soc / Phy / Psych	Evaluation

Coach (Self)

Session Organisation

Players (Motivation / Engagement / Learning)

Action Points

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