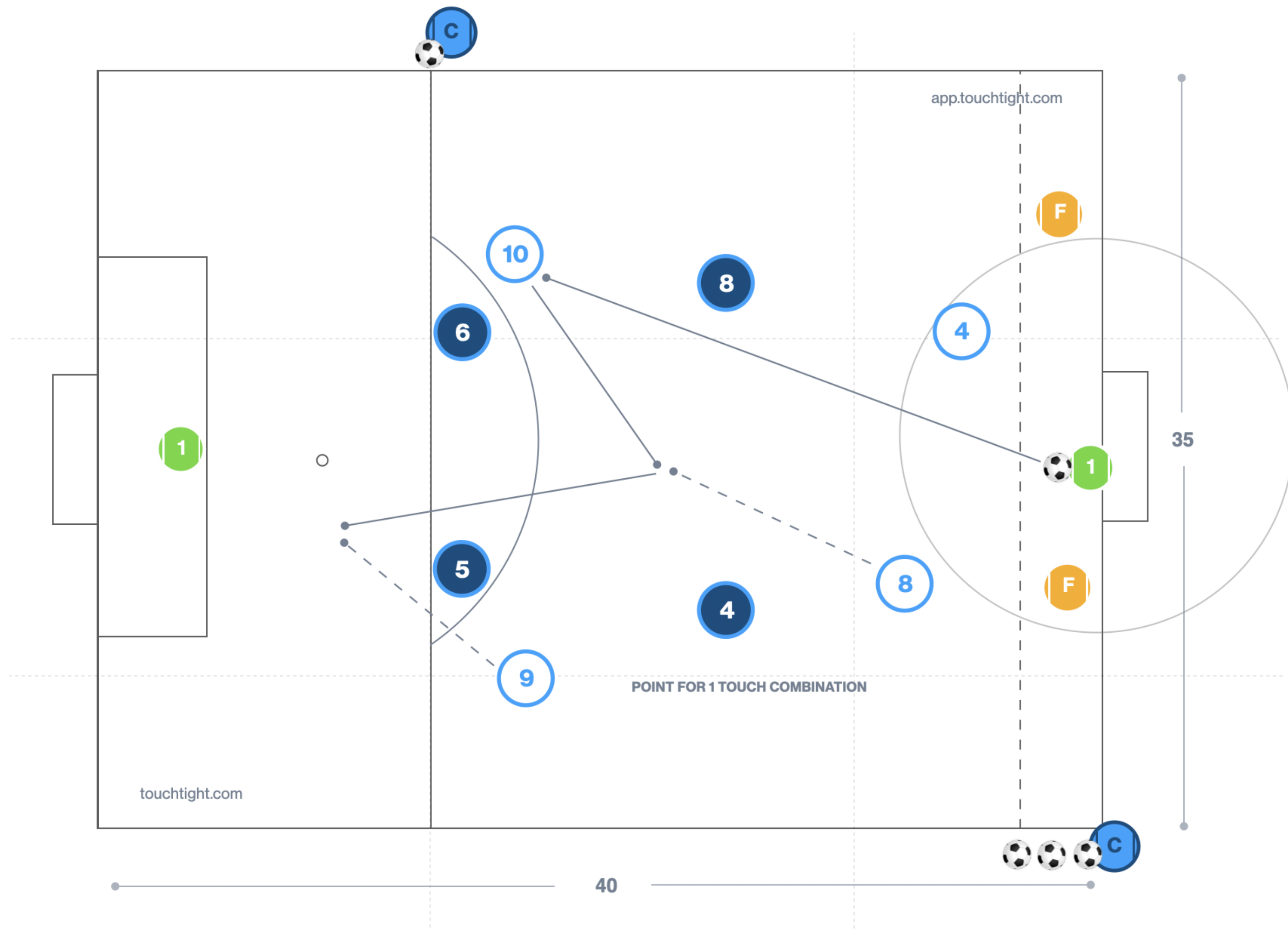


Club	Age Group	Coach	Session Title	Date	Start Time	Duration	No. of Players



Organisation	Key Coaching Points				
<p>Practice 6 of Theme 5 Developing support is a 5 v 5 game with floaters supporting the team in position on one end of the pitch. We focus primarily on support from striker hold up play which provides runners from midfield with a variety of options.</p> <p>We look at the connection between strikers, whether in front or runs in behind and jacks plays.</p> <p>From midfield we focus on weight of pass to penetrate, timing and angles of runs</p>	<p>Weight if pass to penetrate</p> <p>Angles and distances of support</p> <p>Decision to support in front or behind</p> <p>Striker connection in final third</p>				
Progressions	Player Questions				
Area Size	Duration	Sets	Work to Rest Ratio	Intensity	Energy

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EVALUATION

Player(s)	Objective	Tech / Tact / Soc / Phy / Psych	Evaluation

Coach (Self)
Session Organisation
Players (Motivation / Engagement / Learning)
Action Points