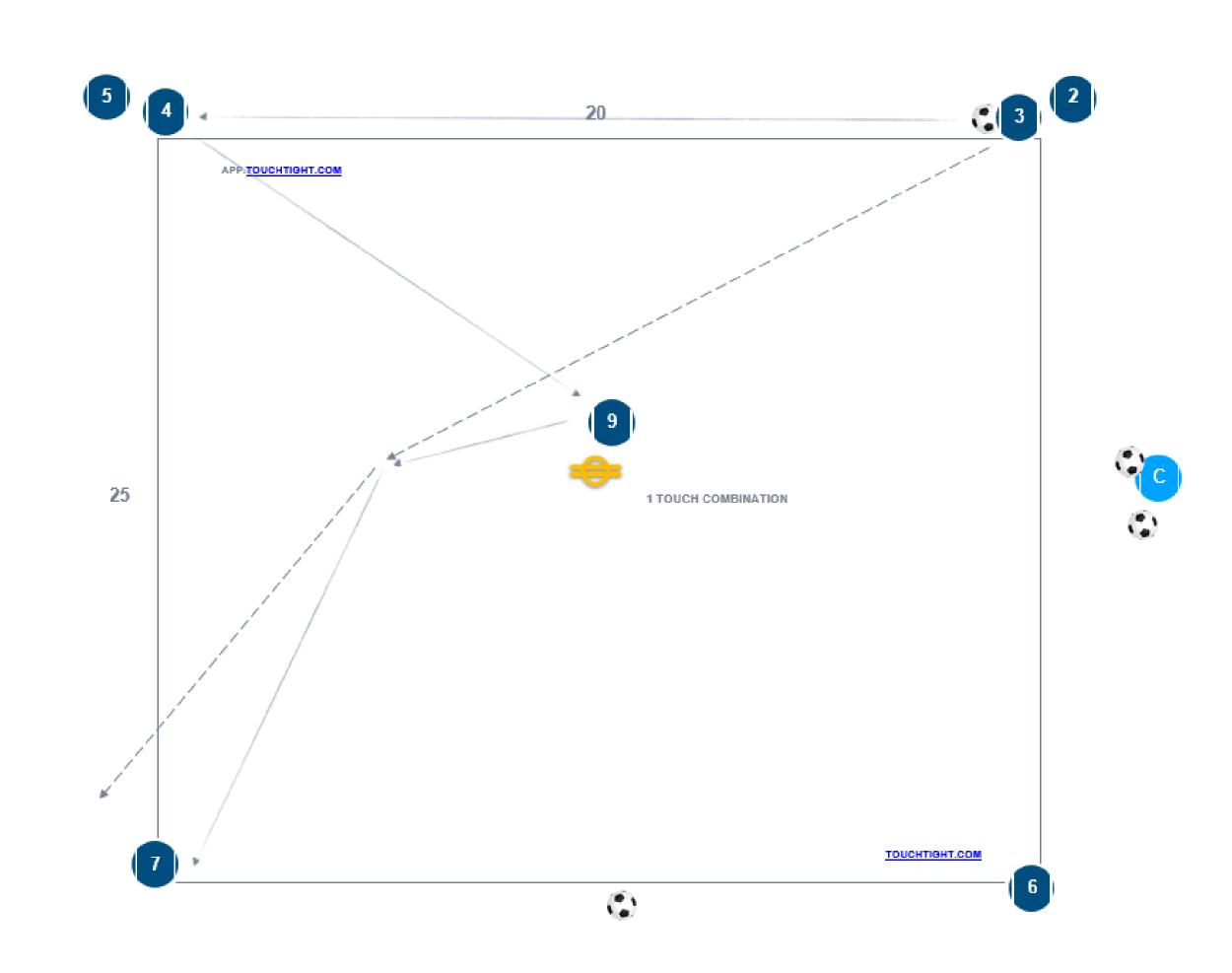
Club	Age Group	Coach	Session Title	Date	Start Time	Duration	No. of Players





Organisation	Key Coaching Points
This practice develops passing and movement with quick, short sharp combinations in tight spaces off the striker. With players in each corner of the square, player 1 plays a square pass to player 2, who then passes into the striker to set player 1 who crosses over with player 2. Once connected, a pass is played through to the opposite pair who will repeat the sequence in the opposite direction. Think about further progressions including a 1-2 in the corners, around the corner passes and much more.	Timing of movement to meet set from striker Weight of pass into striker Control to set oncoming support players Intelligence to pick up sequence and adapt with progressions
Progressions	Player Questions

Area Size	Duration	Sets	Work to Rest Ratio	Intensity	Energy

EVALUATION

	Coach (Self)
	Cossion Organisation
	Session Organisation
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	Players (Motivation / Engagement / Learning)
	Action Points