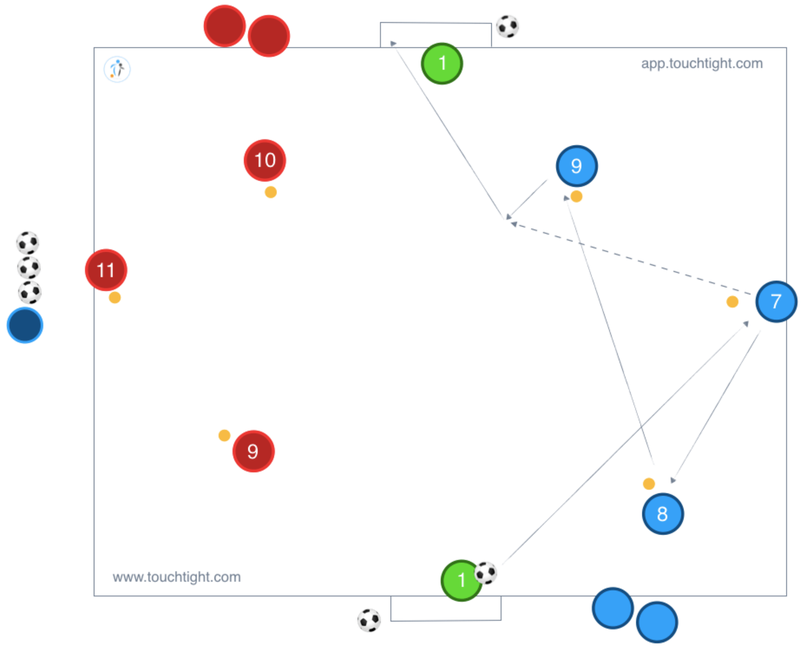
Club	Age Group	Coach	Session Title	Date	Start Time	Duration	No. of Players



Organisation	Key Coaching Points
Practice 4 of theme 1 Attacking Centrally, is a technical passing practice that develops player combinations to finish. With 3 players working in each direction, the first pass is played by the goalkeeper into player 1, who sets player 2, who then plays a direct pass into player 3 who is positioned in an advanced area of the pitch. Player 3 will then set player 1 who looks to finish in 2 touches, each player follows their pass ready for the next sequence, with the finishing player joining the opposite group.	Progress to use a single ball with all 6 players involved in each passing combination, alternating the direction after each attack. Focus on the weight of the pass, timing of movement and developing player creativity.
Progressions	**Player Questions**

Area Size	Duration	Sets	Work to Rest Ratio	Intensity	Energy

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EVALUATION

Player(s)	Objective	Tech / Tact / Soc / Phy / Psych	Evaluation

Coach (Self)

Session Organisation

Players (Motivation / Engagement / Learning)

Action Points

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