



THEME 01:

ATTACKING CENTRALLY

PRACTICE 12: LEAD PRACTICE

AGE GROUP: 13 TO ADULT



Title	Date	Start Time	Duration	No. of Players	Area Size

HOW TO COMBINE TO A FINISH



ORGANISATION:

Practice 4 of theme 1 Attacking Centrally, is a technical passing practice that develops player combinations to finish. With 3 players working in each direction, the first pass is played by the goalkeeper into player 1, who sets player 2, who then plays a direct pass into player 3 who is positioned in an advanced area of the pitch. Player 3 will then set player 1 who looks to finish in 2 touches, each player follows their pass ready for the next sequence, with the finishing player joining the opposite group.

KEY COACHING POINTS:

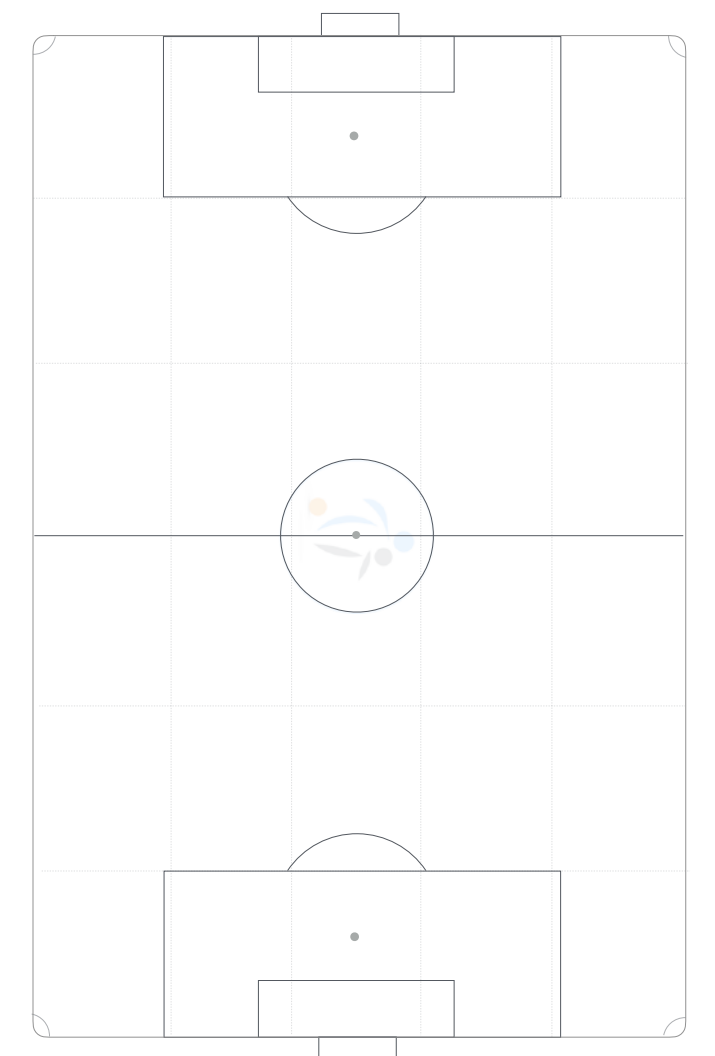
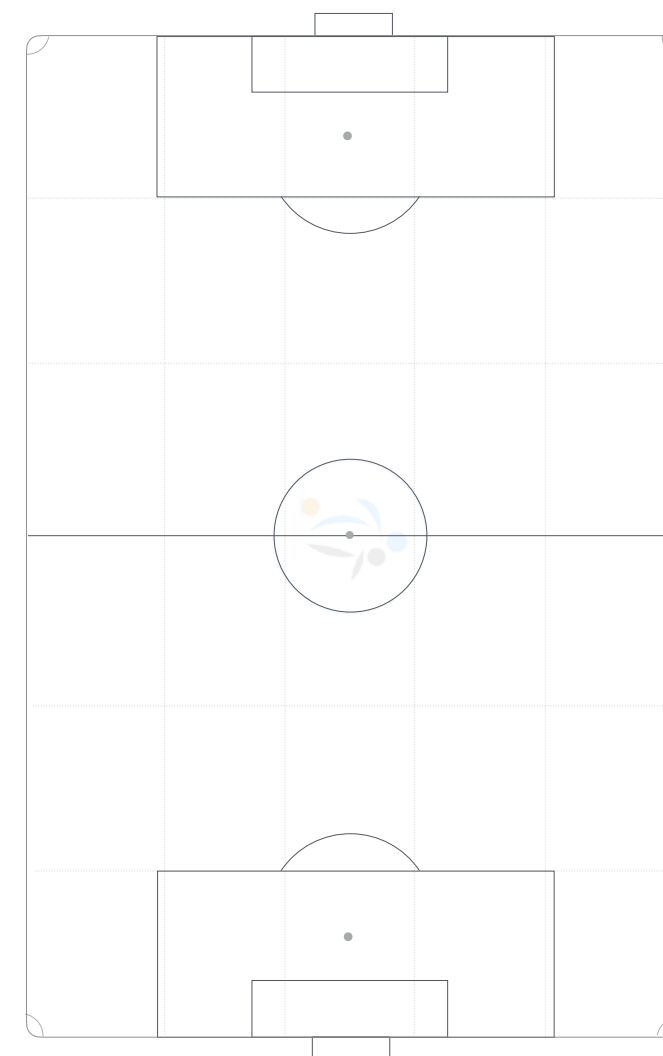
Progress to use a single ball with all 6 players involved in each passing combination, alternating the direction after each attack. Focus on the weight of the pass, timing of movement and developing player creativity.

PROGRESSIONS:

ADDITIONAL INFORMATION

PLAYER QUESTIONS:

COACH PLANS



ADDITIONAL INFORMATION:



Detail any individuals, pairs, trios and units to work on in the group and specify what detail you will be developing within each session element.

Player initials	Technical	Tactical	Social	Psychological

Player Pairs initials	Objectives

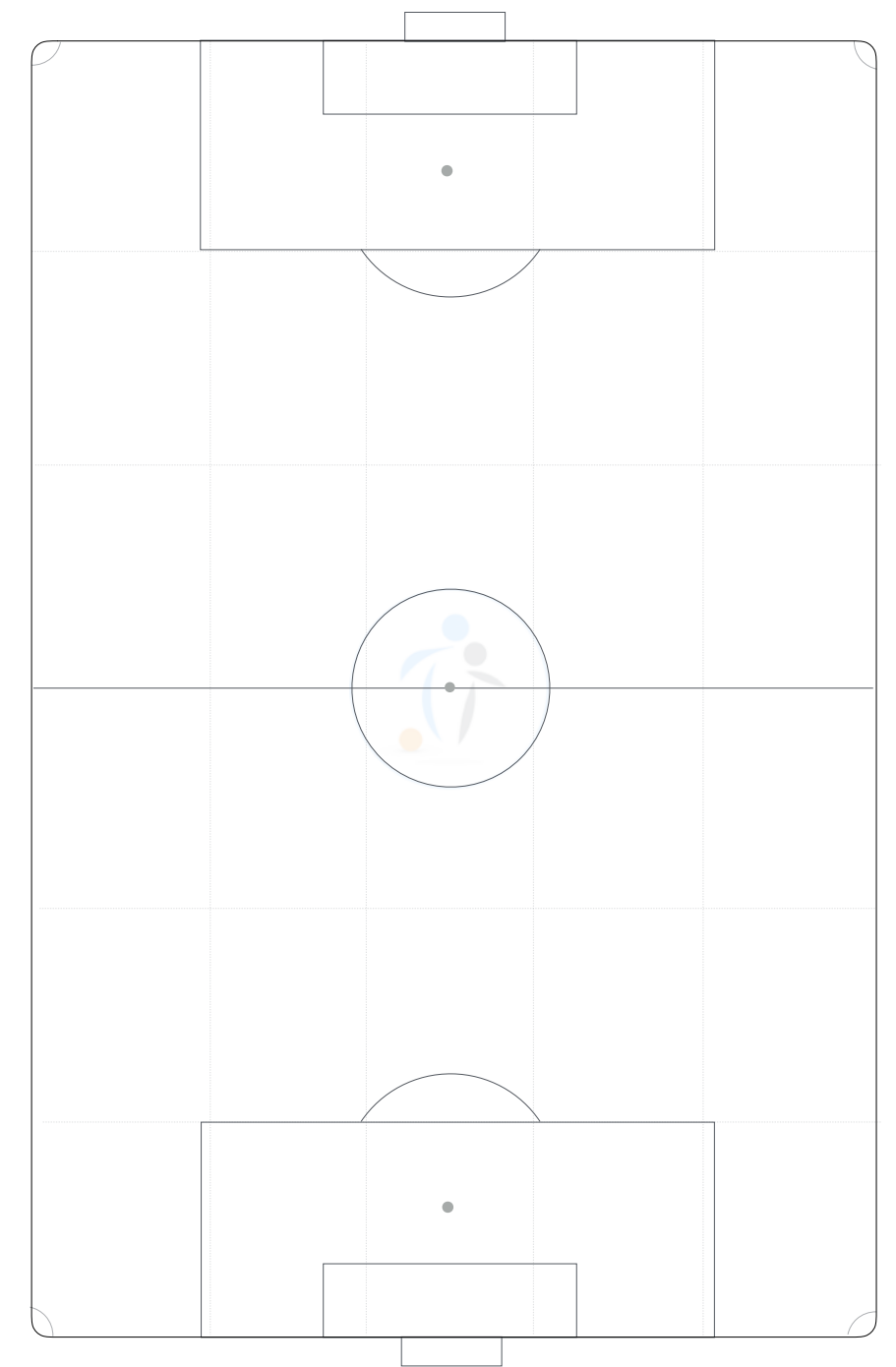
Player Trios initials	Objectives

Player Units initials	Objectives

Post Session Outcomes

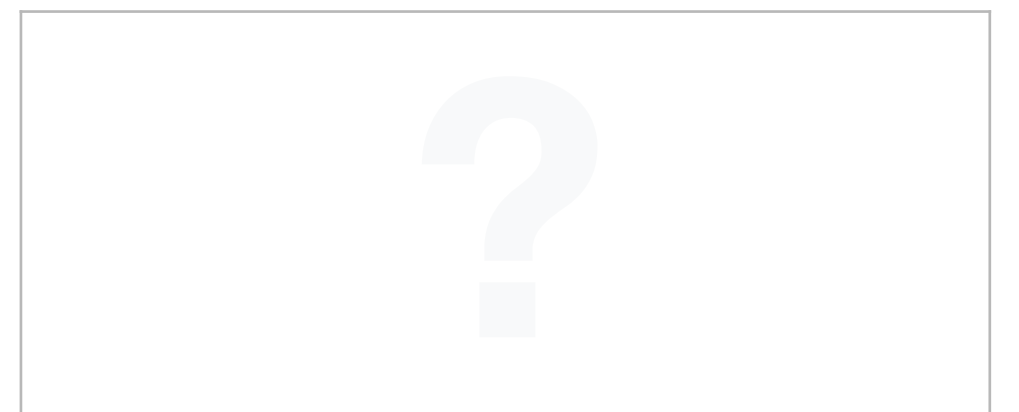
What went well?	What did we learn?

Absentees: initials



[LINK TO THE BIG GAME](#)

How will we apply this session to a game situation?



Individual Player objectives by team to measure progress

Player	Objective 1	Objective 2	Objective 3	Player Evaluation