



Session Date

Season

Age Group

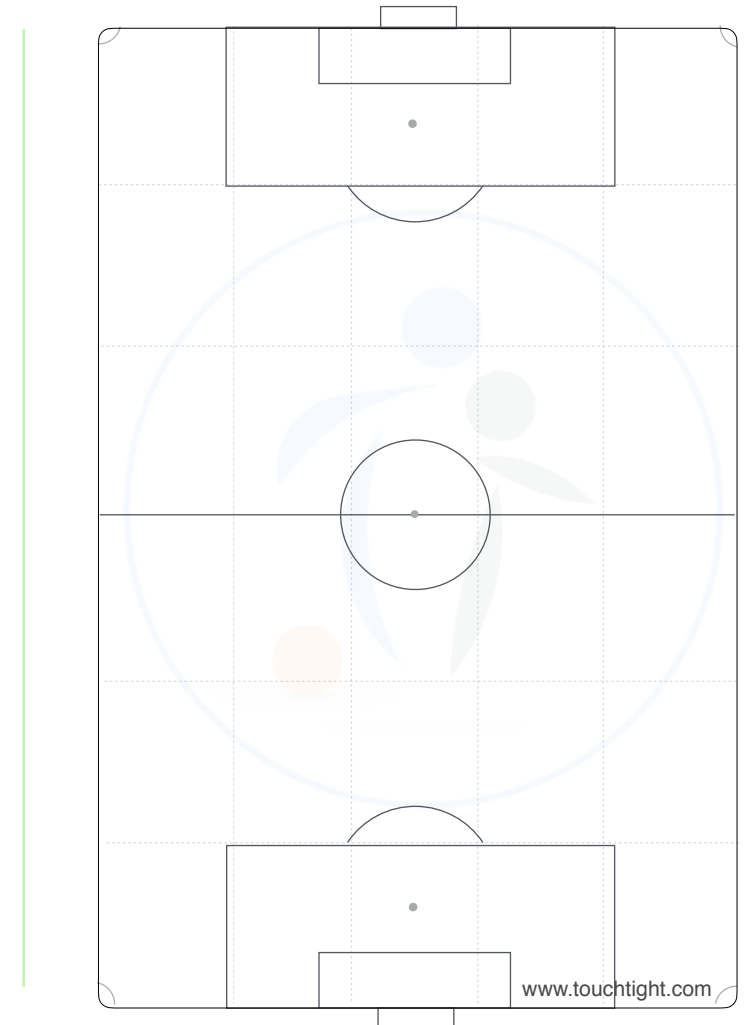
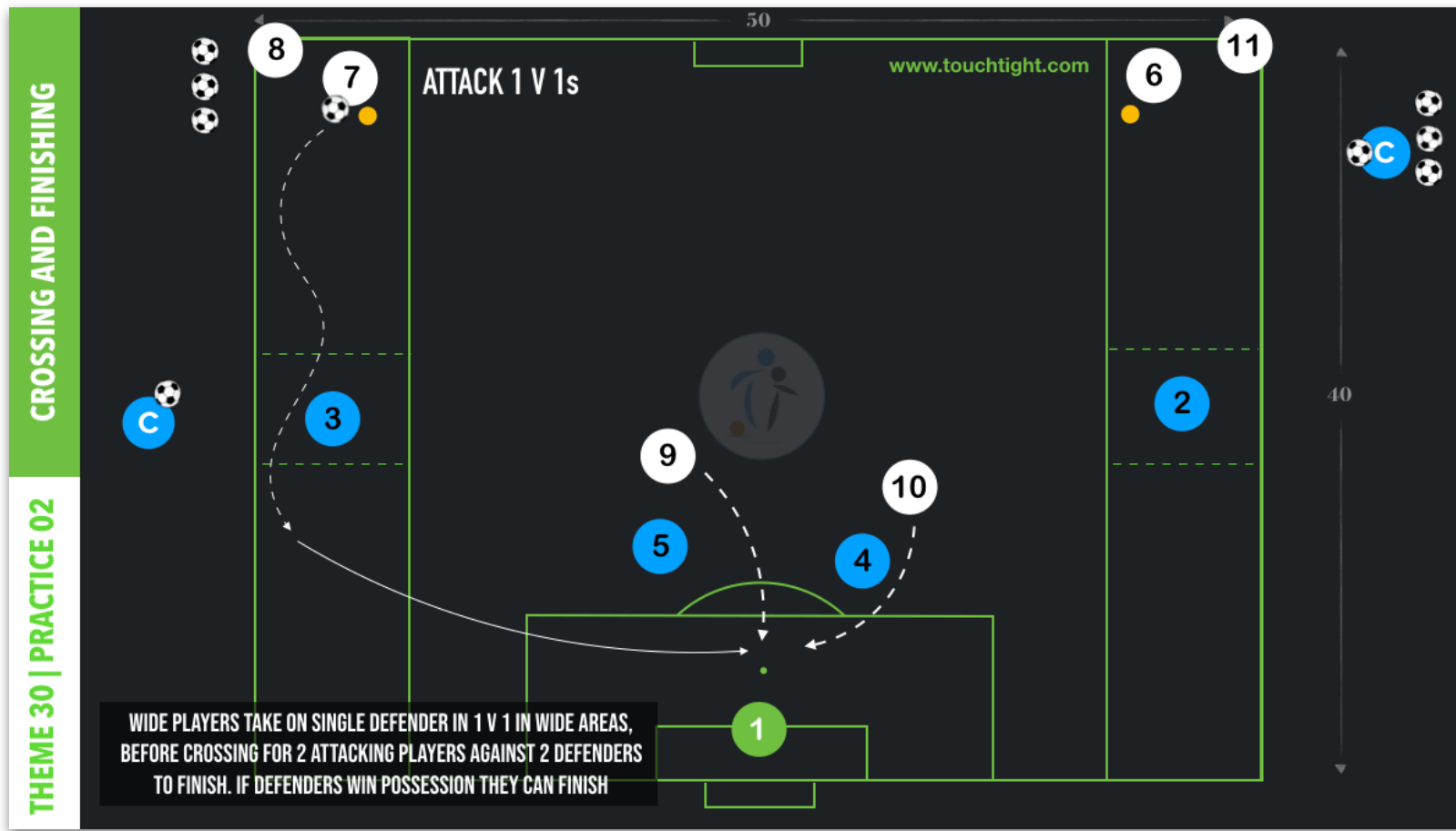
Players

Duration

Type: Skill Practice

Area:

Team Objectives:



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Set Up & Organisation:

- Practice 2 of Theme 30 Crossing and Finishing is played in a 50 x 40 (alter for younger age groups), and focuses on wide players beating defenders to deliver crosses for 2 forwards against 2 defenders. We must work both sides to ensure attacking players develop balance in their movement.
- If defenders win their one v one in wide areas they can counter to finish in a central goal. If attackers are unsuccessful in beating defenders consistently, the coach can pass a ball into space for the wide player to deliver after the counter. If the central defenders win possession they must also counter into the central goal as shown.

Key Coaching Points:

- Encourage confidence in wingers and provide detail on their final ball in the 'corridor of doom', with strikers timing their movement to lose markers with crossover attacking the near and far post.

Work / Rest Ratio: mins sets

Session Date:

Team:

Coach:



Session Objective/s:

Detail any Individuals, pairs, trios and units to work on in the group and specify what detail you will be developing within each session element.

Player initials	Technical	Tactical	Social	Psychological

Player Pairs initials	Objectives

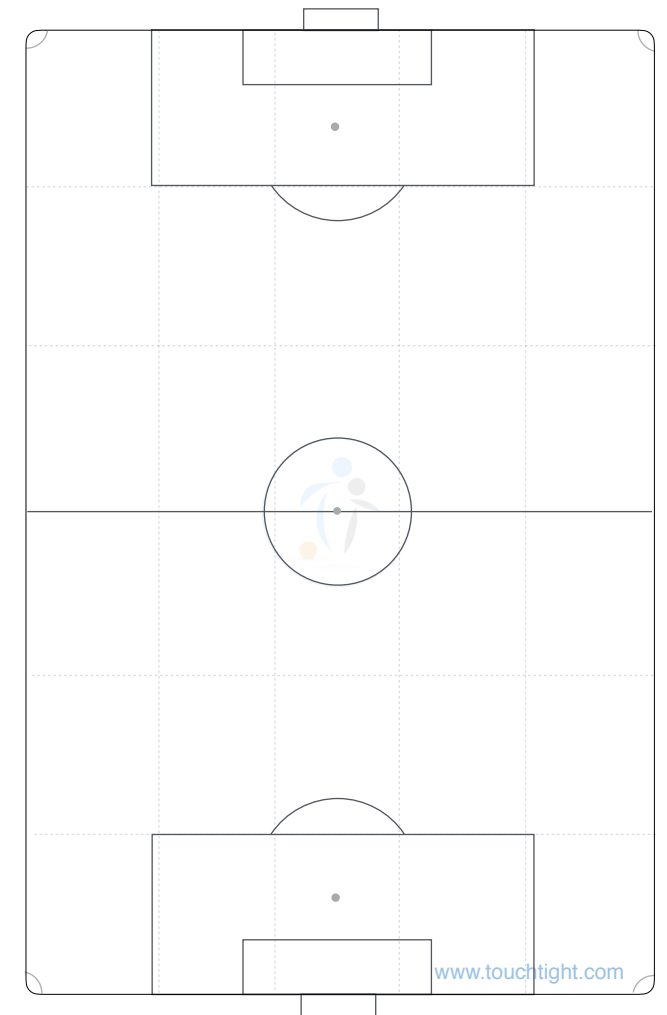
Player Trios initials	Objectives

Player Units initials	Objectives

Post Session Outcomes

What went well?	What did we learn?

Absentees: initials



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Big Game Question
How will we apply this session to a game situation?



