



Session Date

Season

Age Group

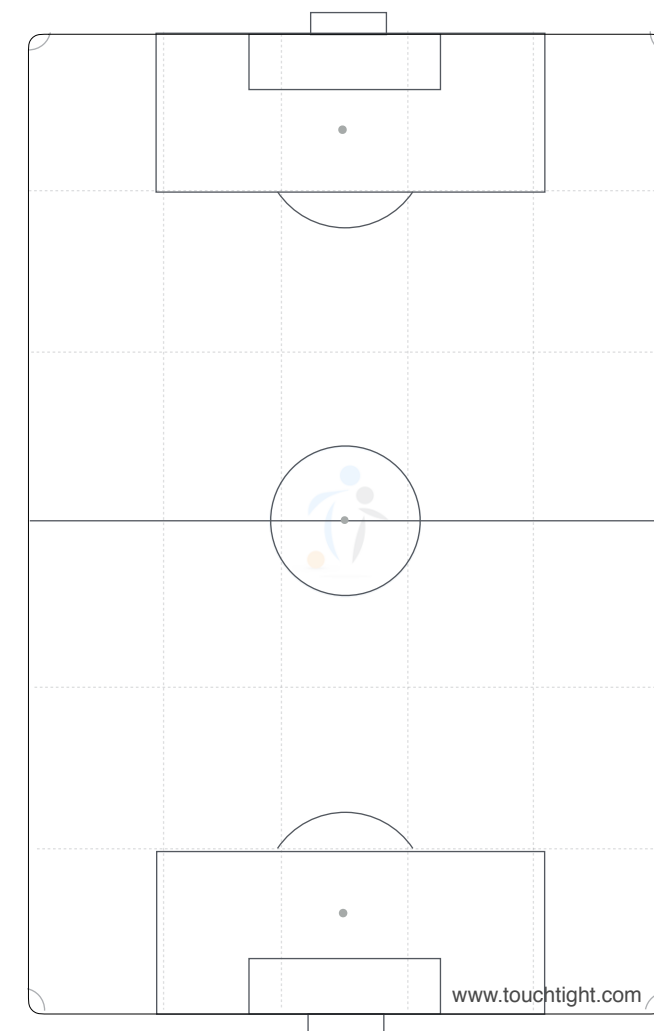
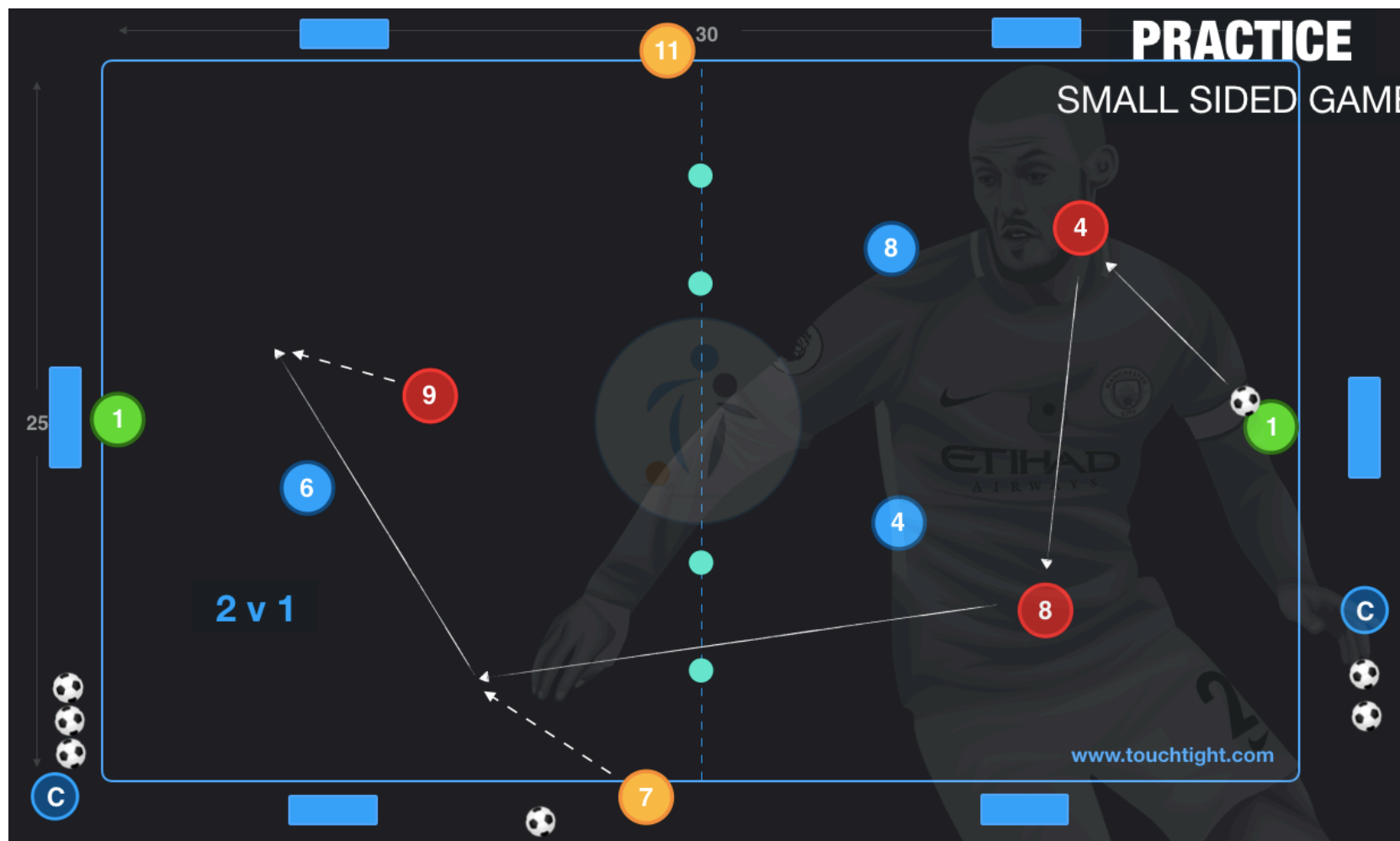
Players

Duration

Type: Small Sided Game

Area:

Team Objectives:



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Set Up & Organisation:

- Practice 6 in Theme 29: Combining in midfield Pockets, is a Small Sided game that focuses on the movement of wide floaters and strikers to receive possession of the ball from midfielders who look for that all important forward pass.

Progressions & Constraints:

- We can progress the practice by allowing a single player in each zone at any one time. Think about how this could influence player's positioning in their build up.

Key Coaching Points:

- Advanced floating wide players can combine, yet only one player can be involved in the attacking phase in any one time creating a 2 v 1.
- If defenders win possession in the 2 v 2 attacking zone, they must score in anyone of 2 mini goals either side of the pitch

Questions & Notes:

-

Work / Rest Ratio:



mins



sets

Session Date:

Team:

Coach:



Session Objective/s:

Detail any Individuals, pairs, trios and units to work on in the group and specify what detail you will be developing within each session element.

Player initials	Technical	Tactical	Social	Psychological

Player Pairs initials	Objectives

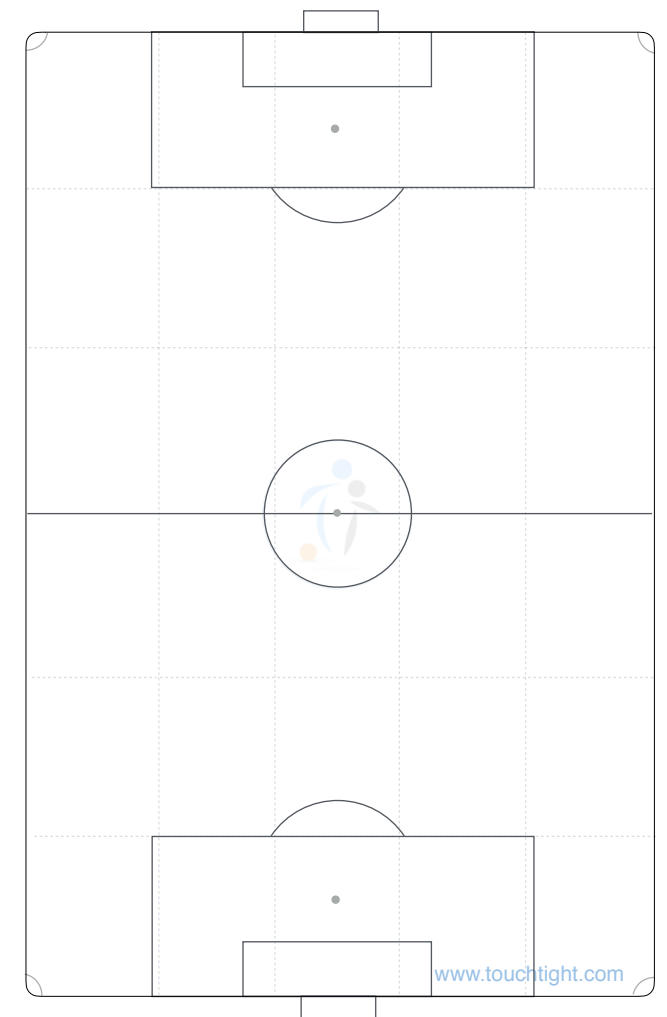
Player Trios initials	Objectives

Player Units initials	Objectives

Post Session Outcomes

What went well?	What did we learn?

Absentees: initials



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Big Game Question
How will we apply this session to a game situation?



