



Session Date

Season

Age Group

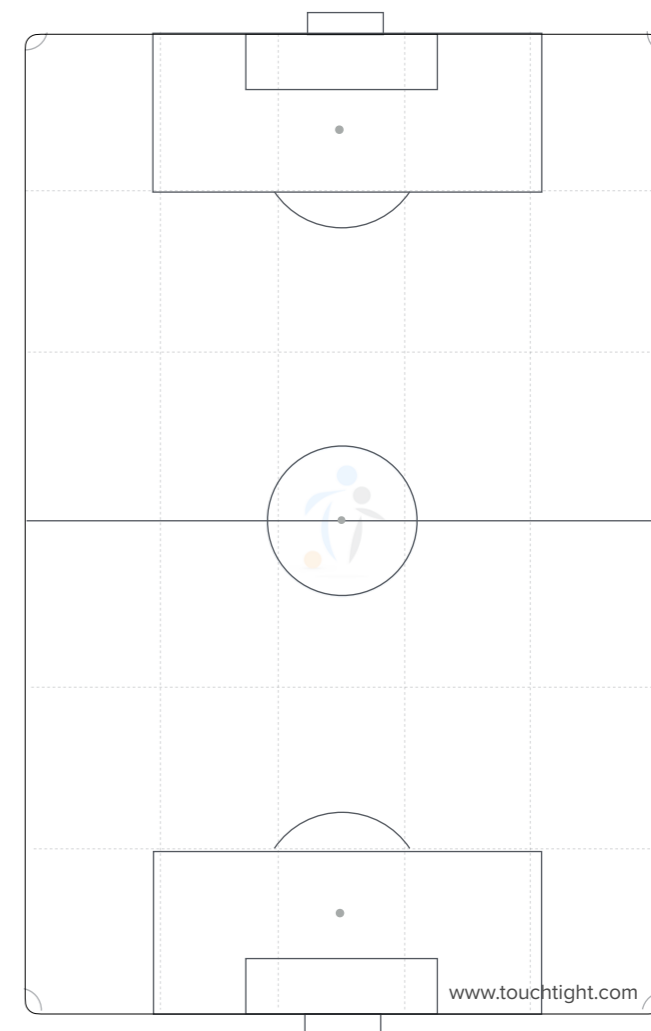
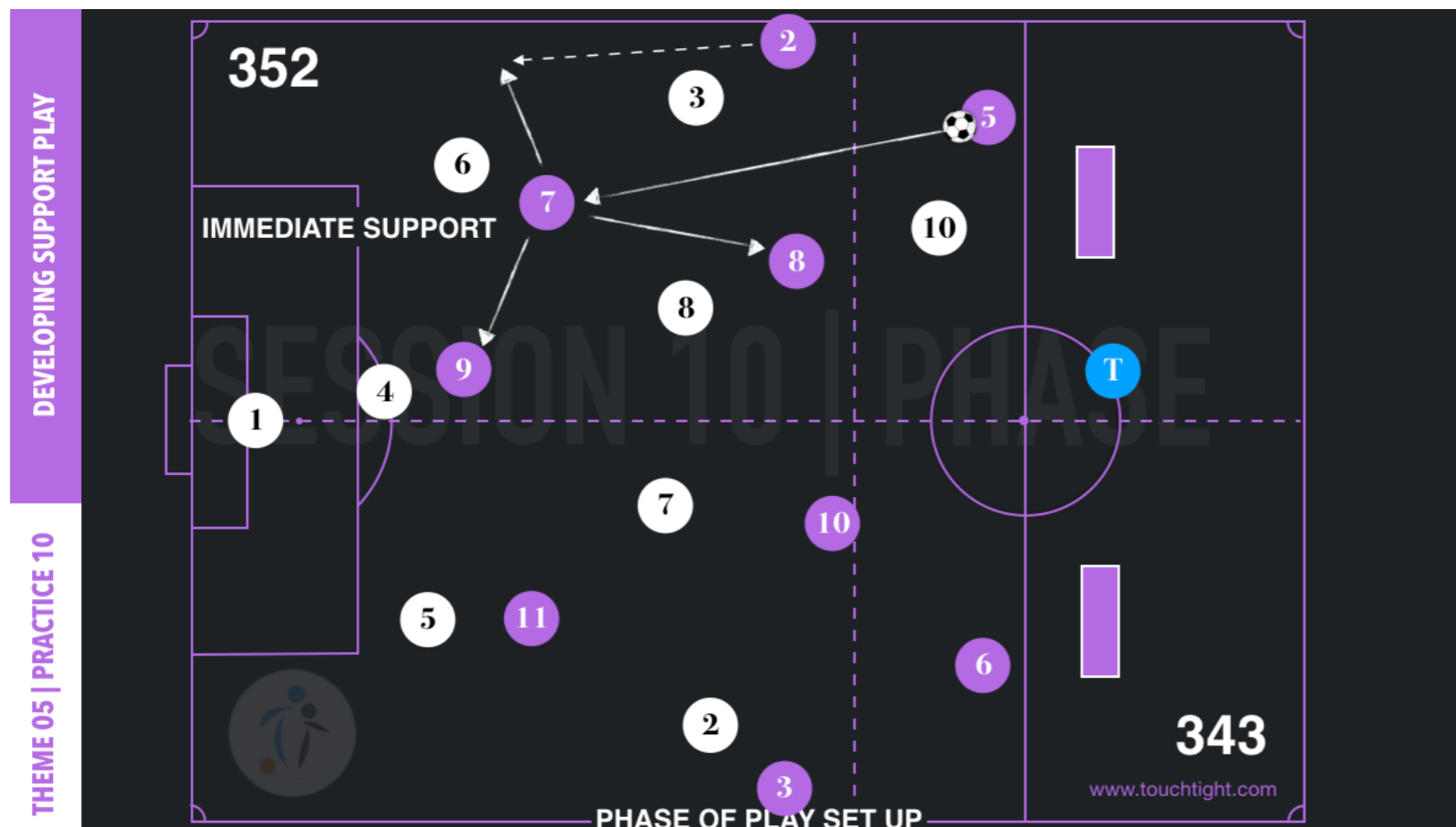
Players

Duration

Type: Phase Of Play

Area:

Team Objectives:



**Set Up & Organisation:**

- This Phase of play is practice 10 of our Modric based theme Developing Support Play and works with a 343 setup against a 352. We remove 2 strikers from whites, splitting the pitch into 2 vertical zones, with only our purple striker (9) and target player allowed to play in both zones during build up.
- We also have a deeper area in which our defenders 5 and 6 must build play. Encourage support off our strikers hold up play, from all supporting players both in front and beyond.

**Progressions:**

- **1** Developing short-short-long combinations, drawing opposition defenders to press before playing behind this pressure.
- **2** connect 1 touch combination play between players to escape through or around applied pressure.
- **3** Third man run inside or outside, to exploit space created by forward players.

**Individual Points:**

- Strikers hold up play to initiate support
- Develop the timing of player support
- Players look for and find space to drive into

Work / Rest Ratio:  mins  sets

Session Date:

Team:

Coach:



**Session Objective/s:**

Detail any Individuals, pairs, trios and units to work on in the group and specify what detail you will be developing within each session element.

Player initials	Technical	Tactical	Social	Psychological

Player Pairs initials	Objectives

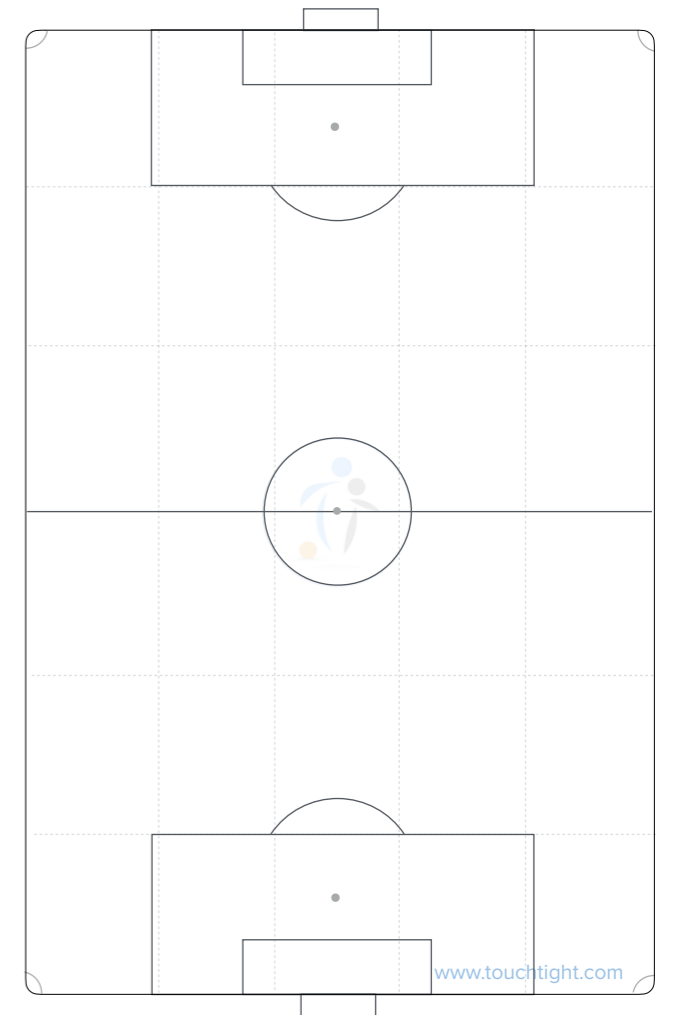
Player Trios initials	Objectives

Player Units initials	Objectives

Post Session Outcomes

What went well?	What did we learn?

Absentees: initials



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**Big Game Question**

How will we apply this session to a game situation?



Session Date:

Team:

Coach:



Session Objective/s:

Detail all Individual player objectives for the session and provide an evaluation on progress made

Player	Objective 1	Objective 2	Objective 3	Evaluation

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